

Coaching/chat resources from the 3/31 program.

What courts are doing:

In **Maryland**, once a year we have an intensive week long residential orientation program for all new trial judges, followed six months later by a two day residential refresher course. A focus of the orientation is upon “the art of judging,” rather than exclusively upon the law. We also have a new judge mentoring program in which every new judge is paired with a more experienced judge as a formal mentor for a year.

Melbourne has a process of 360 degree feedback for judges - where judges get confidential and anonymised feedback on their Court Craft skills and style from a group of 20 people that they nominate - colleagues, practitioners, staff, judicial leaders. Judges then receive 1 session coaching by a psychologist on the feedback they received and how they can implement it.

They have piloted judges being coached by professional coaches or psychologists, especially for skills such as managing emotions and leading.

Virginia has an excellent mentoring program-by other judges.

Additional BJI resources of interest:

--Program materials, today's program: <https://www.law.berkeley.edu/research/berkeley-judicial-institute/events/#:~:text=%C2%A0-,Materials%3A,-BJI%20Coaching%20Judges>

---Event Recordings: <https://www.law.berkeley.edu/research/berkeley-judicial-institute/events/event-recordings>

(Look for “Emotional Regulation”)

--April 15 Library event: <https://www.law.berkeley.edu/research/berkeley-judicial-institute/events/#:~:text=Expanding%20Library%20Services%20to%20People%20in%20Jails%20and%20Prisons>