The Mindfulness Initiative Guide to Peaceful Campus Spots

Berkeley Law has a pleasant library, and places to hang out and study, but sometimes you need a break from the law school atmosphere. Here are some suggestions for peaceful places to read, exercise, grab a bite or go for a stroll, many of them within 5 minutes of the law school, and all of them open to law students (but rarely visited by them!)

**STUDying**

**Anthropology Library, Kroeber Hall**

*Scene:* Quiet library studying, large windows, big shared tables

*Distance:* About 150 feet from the Law School

*Getting there:* Pass the fountain on the west side of the law school, enter the first building (Kroeber Hall) and the library is on the second floor.

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**Jean Gray Hargrove Music Library**

*Scene:* Quiet study, lovely natural light, especially downstairs and on the second floor.

*Distance:* About 500 feet from the Law School

*Getting there:* Walk into campus towards the Faculty Glade, the library will be on your left, across from Wurster Hall.
College of Environmental Design Library, Wurster Hall

**Scene:** Quiet study, architecture students doing studio work
**Distance:** About 500 feet from the law school
**Getting there:** Walk into campus towards the Faculty Glade, Wurster Hall will be on your right, looking like a giant grey Soviet bunker. The library is on the second floor. Bonus: There’s also a beautiful little quadrangle and shady nook of benches in between Wurster and Boalt—see if you can find it.

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**Morrison Reading Room** (connected to Doe Library)

**Scene:** Plush seating, quiet reading room, enforced no-computer and no-sleeping policy
**Distance:** 0.5 miles from the Law School
**Getting there:** Walk through the faculty glade, cut diagonally across the Campanile esplanade (and catch that awesome view of the Golden Gate Bridge,) and Doe Library will be on your left. The Morrison Reading Room is the first door on your right after you go in the main entrance off of Memorial Glade.

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**Doe Library “Main Stacks”**

**Scene:** Four stories of bookshelves and echoing silence.
**Distance:** 0.5 miles from the Law School
**Getting there:** Walk through the faculty glade, cut diagonally across the Campanile esplanade and Doe Library will be on your left. The Main Stacks are on your left after you go through the main entrance.
The North Reading Room

**Scene:** Epic high ceilings, silent study and the occasional group of awe-struck tourists  
**Distance:** 0.5 miles from the Law School  
**Getting there:** Walk through the faculty glade, cut diagonally across the campenile esplanade and Doe Library will be on your left. The North Reading Room is on the second floor.

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C.V. Starr East Asian Library

**Scene:** Beautiful new library, hot spot for undergrad gunners  
**Distance:** About 0.5 miles from the Law School  
**Getting there:** Near the North Gate of Campus; Cross Faculty Glade, the Campenile Esplanade, and Memorial Glade; Starr is across Memorial Glade from Doe Library

**MEDITATION**

Meditation & Silent Prayer Room, Boalt Hall  
**Location:** Room 239C  
**Scene:** The name says it all
Hearst Pool

**Scene:** Lap swimming in a marble pool built in 1927  
**Distance:** About 700 feet from the Law School  
**Getting there:** Walk down Bancroft past the tennis courts, or up and around the Anthropology building. Located on the roof of the Hearst Gym. Note: Head to the reception desk to get a swim ticket and a towel.

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Hearst Gym

**Scene:** Yoga and pilates classes, right next to the law school. Check the [RSF group schedule](#) (and get a gym membership if you don’t have one, $10 per semester and more group classes than you can shake a stick at!)  
**Distance:** About 700 feet from the Law School  
**Getting there:** Walk down Bancroft past the tennis courts, or up and around the Anthropology building. Room 251 is where most of the yoga classes are, and that’s up the stairs on the side of the building closest to the tennis courts.

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Eucalyptus Grove

**Scene:** Our very own Fern Gully on campus  
**Distance:** 0.7 miles from the Law School  
**Getting there:** Cut across campus on Campanile Way to Grinnell Pathway and look for the big trees.
Memorial Glade
Scene: Picnics, sunbathing, and the occasional croquet game
Distance: About 0.5 miles from the Law School
Getting there: Walk through the Faculty Glade and the Campanile Esplanade, sprawl on the grass between Doe and Starr libraries

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Strawberry Creek
Scene: Babbling brook, sometimes with small frogs
Distance: Varies, as little as 700 feet from the Law School
Getting there: Strawberry Creek cuts through campus and continues up into the hills. The best spots in Martha’s experience are near the Faculty Club, behind Dwinelle Hall (pictured above) and near the Eucalyptus Grove.

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Strawberry Canyon Recreation Center
Scene: Recreation Center, awesome pool with a grassy area for reading and sunbathing. Yoga classes in the Haas Clubhouse.
Distance: 0.6 miles from the Law School
Getting there: Walk up Centennial Drive behind the Football Stadium, and the Rec Center will be on your right.
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Claremont Canyon Nature Preserve

Scene: Panoramic views, steep hiking, beautiful wildflowers  
Distance: 1 mile from the Law School  
Getting there: Go East (uphill!) on Dwight way or Derby Street to get to the trailheads for the Stonewall-Panoramic Trail. Go with a friend and expect to get lost, but not so lost that you can’t find your way back downhill 😊

Food/Drink

Free Speech Movement Café

Scene: Quiet studying, a café almost exactly like Café Zeb, and awesome outdoor seating. Known for its outgoing squirrels.  
Distance: About 0.7 miles from the Law School  
Getting there: Attached to Moffitt Undergraduate Library, yet another building on campus that looks like a Soviet bunker. Cross the Faculty Glade and the Campanile Esplanade, look for this building just West of Doe Library

The Musical Offering Café

2430 Bancroft Way

Scene: Tasteful, peaceful café, with occasional musical performances  
Distance: 0.4 miles from the Law School  
Getting there: Walk straight down Bancroft, and the café will be on your left, across the street from the RSF
Café Milano
2522 Bancroft Way

Scene: Beautiful café, sometimes gets full at lunchtime. Nice salads, sandwiches and coffee. Distance: 0.3 miles from the Law School
Getting there: Go straight down Bancroft, café will be on your left before you hit Telegraph

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Brewed Awakening
1807 Euclid Ave

Scene: Great café, a favorite study spot for north siders
Distance: About 0.7 miles from the law school
Getting there: Head north from Memorial Glade, go through the North Gate and continue north on Euclid Ave. The café will be on your right between Hearst Ave and Ridge Road.